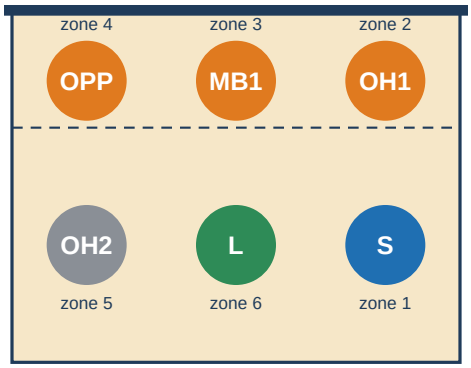
5-1 Rotation Cheat Sheet

All six rotations at the moment of serve (rotational order). One setter, five hitters. Net at the top.

Your players: S _____ OH1 _____ MB1 _____ OPP _____ OH2 _____ MB2 _____ L _____

Rotation 1

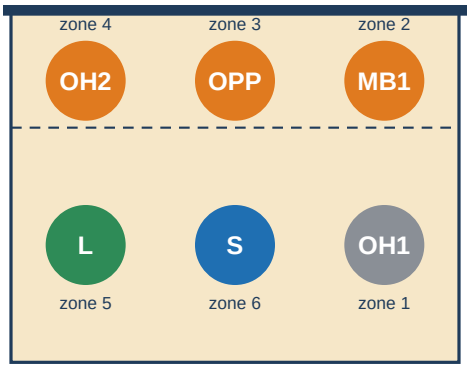
setter back row



Setter in zone 1: shortest run. 3 front-row hitters.

Rotation 2

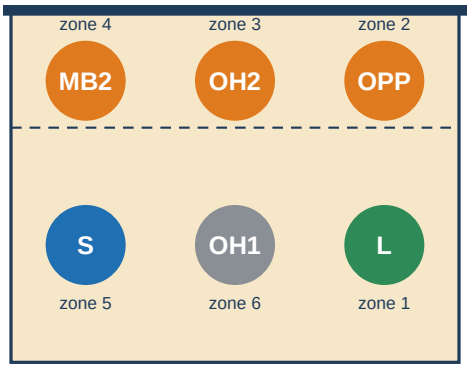
setter back row



Setter in zone 6: stay behind the zone 3 player until the serve.

Rotation 3

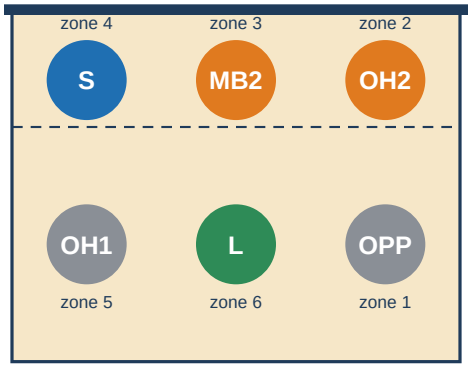
setter back row



Setter in zone 5: longest run. Pass a little higher.

Rotation 4

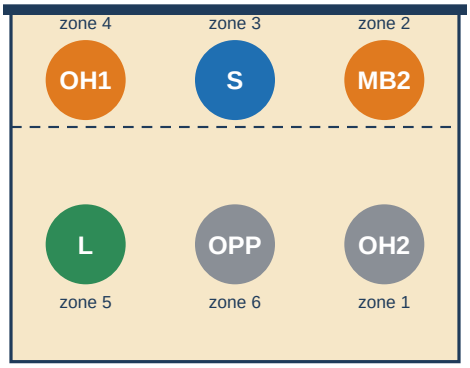
setter front row



Setter front row (zone 4): 2 hitters + dump + back-row attacks.

Rotation 5

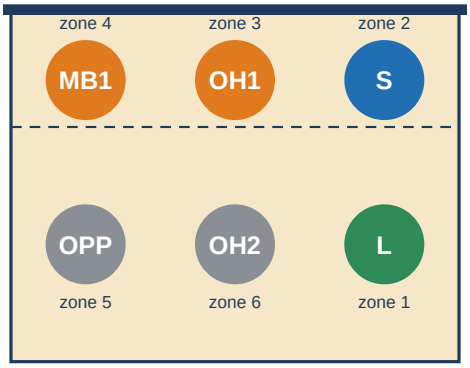
setter front row



Setter in zone 3: short slide right. 2 hitters + dump.

Rotation 6

setter front row



Setter in zone 2, already at the target. 2 hitters + dump.

How to read it

Blue = setter | Orange = front-row attacker | Grey = back-row player | Green = libero (replaces the back-row middle).

Starting order (rotation 1): S zone 1, OH1 zone 2, MB1 zone 3, OPP zone 4, OH2 zone 5, MB2 zone 6. Pairs sit across: S-OPP, OH1-OH2, MB1-MB2.

You rotate clockwise when you win the serve back: 2 to 1, 3 to 2, 4 to 3, 5 to 4, 6 to 5, 1 to 6. The player in zone 1 serves.

Overlap is checked only when the serve is hit: each player vs the one in front/behind and the ones beside. Under FIVB 2025-2028 rules only the receiving team must be in order. Teams stack in serve receive; this sheet shows the legal rotational order.

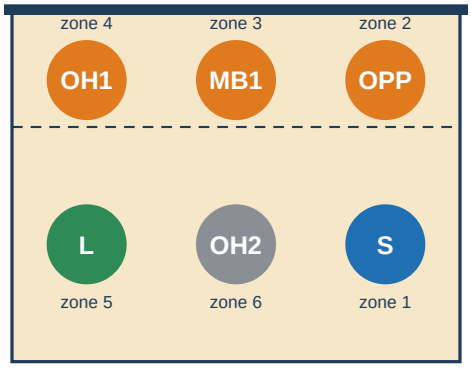
Libero serving: allowed in one rotation (USA Volleyball, high school, NCAA women). Not under FIVB or NCAA men; there the middle serves.

5-1 Base Positions After the Switch

Where everyone plays once the ball is served. Most common setup: libero left back, back-row OH middle back.

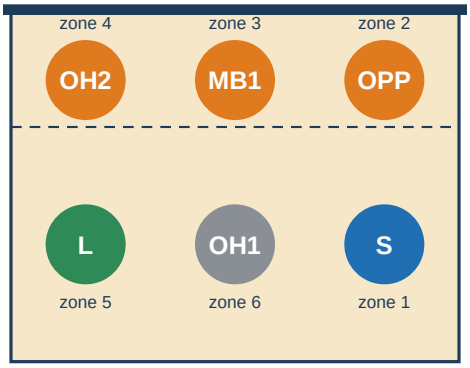
Rotation 1

setter back row



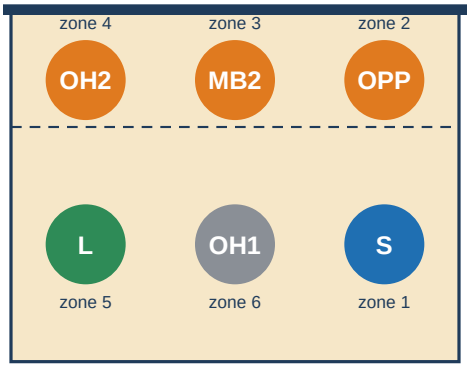
Rotation 2

setter back row



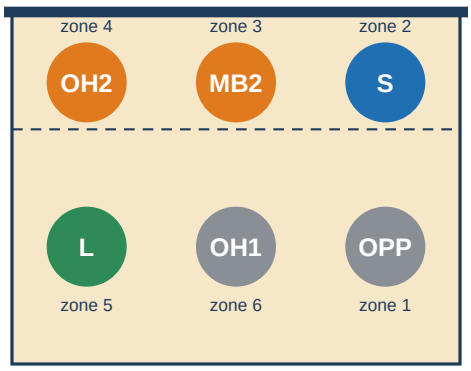
Rotation 3

setter back row



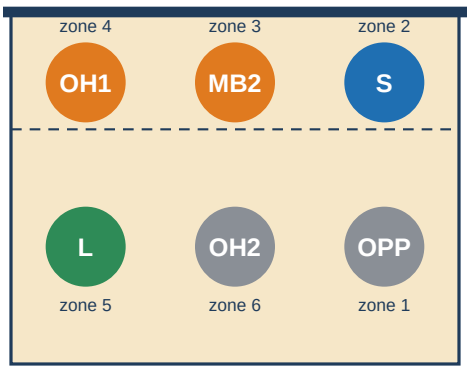
Rotation 4

setter front row



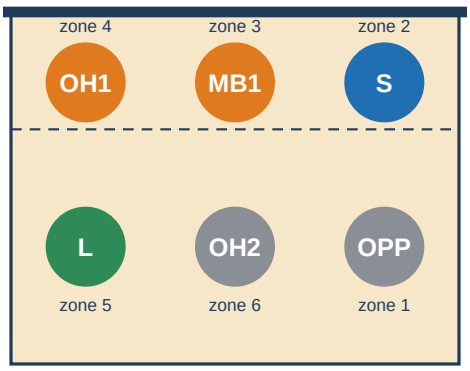
Rotation 5

setter front row



Rotation 6

setter front row



Coaching notes

Front row: outside goes left (4), middle to the middle (3), setter or opposite to the right (2).
Back row: setter or opposite right back (1), back-row outside middle back (6, the pipe), libero left back (5). Some teams swap 5 and 6.
Setter back row (rotations 1-3): three front-row hitters. Setter front row (rotations 4-6): two hitters, the dump and back-row attacks.
Rotation 3 is the setter's longest run (zone 5 to the right-front target). Rotation 4 starts the setter at left front: plan the stack.
Per-set sub limits: FIVB 6 | NCAA men 6 (D3 12) | NCAA women D1 15, D2/D3 18 | USA Volleyball 15 | high school 18.
Write your players at the top of page 1 and keep both pages on the clipboard. Re-check rotation 1 on every lineup sheet.